

# Ready for Anything!

**Time needed:** 15 - 30 minutes

**Recommended Level:** Grades PK-4

**Categories:** Friendship issues, Reporting, Role-playing

**Common Core Standard(s):** Speaking and Listening

**Purpose:** Students will learn to handle playground bullying situations and create solutions.

## DISCUSSION:

Many incidents of bullying can happen on the playground. Ask students to share examples. Sometimes the teacher or an adult supervising may not be aware of the incident. The students need to know how to react with positive solutions in case an adult is not immediately there to help.

## ACTIVITY:

If available, the lesson can be enhanced by first reading the book, *Ready for Anything!* by Keiko Kasza.

Divide the class into 6 different groups. Each group will role-play the listed scenarios. After each scenario, have the entire class brainstorm possible solutions for the kids involved.

- Johnny wants to play basketball and no one playing will let him.
- When playing tag, Suzy pushes Jenny to the ground every time she tags her.
- When picking kickball teams, Billy gets picked last every time.
- Sam and LaToya need a third person for jump-rope, but both Josh and Belle want to play.
- Jack cuts in line at the swings.
- Sarah threw a ball on the roof, but then blamed it on Marcus.

## FOLLOW-UP:

Revisit the discussion after recesses to check-in on progress and to see if any students are encountering any of these problems.



Helping Everyone with Anti-Bullying,  
Respect & Tolerance

Duplication and distribution of this lesson plan is permitted and encouraged.

For more information about HEART, please visit [www.cypressevansville.org](http://www.cypressevansville.org)