

Listen to My Letter

Time needed: 30 minutes

Recommended Level: Grade 5-8

Categories: Awareness, Helping victims, Reporting

Common Core Standard(s): Writing creatively

Purpose: Students will discuss situations in which they've witnessed or encountered bullies.

DISCUSSION:

Discuss bullying and when/where it occurs:

Where does bullying occur at school?

What times of day is bullying most likely to occur?

Why is it important to take a stand against bullying at school?

ACTIVITY:

Tell students they will be writing a letter. They do not actually have to send this letter, though they may if they wish. Their letter will be about bullying. They can choose to write about different situations (so that students can choose the one that most applies to them.)

- Write to a friend who is being bullied. Tell the friend your advice for handling the bully.
- Write to a friend telling them about a situation you handled with a bully.
- Write to a bully, telling them why their behavior is unacceptable and hurtful.
- Write a letter of apology to someone you've bullied or been unkind to.

FOLLOW-UP:

Take volunteers who are willing to share their letter with the class.

Discuss positive/negative outcomes from the situation.



Helping Everyone with Anti-Bullying,
Respect & Tolerance

Duplication and distribution of this lesson plan is permitted and encouraged.

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