

Bullying Scenarios: What Would You Do?

Time needed: 30 minutes

Recommended Level: All grades

Categories: Bystanders, Helping victims, Role-playing

Common Core Standard (s): Speaking & Listening

Purpose: Students will be able to act out bullying scenarios and how each situation would be handled most effectively.

DISCUSSION:

Teacher will start an open discussion with students about situations where they felt picked on and how they handled it.

ACTIVITY:

Students will act out bullying scenarios and discuss what they feel would be the most positive and effective way to handle them. (see attached)

After each scenario, the teacher will guide a classroom-led discussion on how it was handled.

FOLLOW-UP:

Students can get into small groups to create their own bullying situation to act out.



Helping Everyone with Anti-Bullying,
Respect & Tolerance

Duplication and distribution of this lesson plan is permitted and encouraged.

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SCENARIO # 1

Props Needed: Crumpled up piece of paper

The bully and the victim are both seated in the class. While the teacher is writing on the board, the bully crumples up the piece of paper and repeatedly throws it at the student's head. The victim asks the bully to stop and he does not.

How could the victim respond?

SCENARIO # 2

Props Needed: 2-3 books

The victim is sitting at a table with his books sitting on the edge. The bully walks by and pushes the victim's books on the floor. The bully laughs and walks away.

How could the victim respond?

SCENARIO # 3

Props Needed: Backpack

The victim is in an empty locker-room after gym class. The bully walks around the corner and looks to see if anyone is looking. He then walks behind the victim and aggressively bumps into him.

How could the victim respond?



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