

Bully – Victim – Bystander

Time needed: 30 minutes

Recommended Level: Grade 5-8

Categories: Bystanders, Empowering, Reporting, Role-playing

Common Core Standard(s): Speaking and Listening

Purpose: Students will role play various age appropriate scenarios and discuss appropriate responses.

DISCUSSION:

Discuss with students the meaning of the bully, the victim and the bystander.

Bully – Someone who intentionally commits verbal or physical acts to belittle, scare, hurt or exclude someone. Victim – The person against whom the acts are committed. Bystander: The individual witnessing the incident.

Discuss possible locations in which bullying can take place.

ACTIVITY:

Have students volunteer to assume the roles of the bully, the victim, and the bystander. From the list of scenarios below, let them choose a scene to role play for the class. After the role play, discuss with students how they felt, what they could have done differently, how the bystander intervened and other possible ways to handle the situation.

Possible scenarios:

- You are at your locker when another student walks by and intentionally slams your locker door shut.
- In the locker room dressing out for physical education, three students take the shirt of your PE uniform and play keep away, refusing to give it back.
- Someone takes a ball away from someone else at recess.
- Someone is taunting or making fun of someone because of his/her size.
- Someone is refusing to let you sit down when you walk into the gym or get on the bus.

FOLLOW-UP:

Give students the opportunity to anonymously write their own scenarios that could be acted out to help them learn how to deal with a situation they might be facing.



Helping Everyone with Anti-Bullying,
Respect & Tolerance