

Bully True or False

Time needed: 20 minutes

Recommended Level: Grade 5-8

Categories: Awareness, Reporting

Common Core Standard(s): Reading informational text

Purpose: Students will identify appropriate ways to stop a bully.

DISCUSSION:

- Who/what is a bully?
- Where can bullying occur?
- When does bullying occur?
- What are some appropriate ways to handle a bullying situation?

ACTIVITY:

Place a T for True or F for False in front of the statements below to test how much you know.

To stop a bully, you should:

- ___1) Try to avoid the person or places you know he/she will be.
- ___2) Ignore the bully and walk away.
- ___3) Bully back and do the same thing to the bully that he/she is doing to you.
- ___4) Become physically aggressive to show you have power too.
- ___5) Be confident and use a firm voice when asking them to stop.
- ___6) Distract the bully by changing the subject or making a joke.
- ___7) Tell a friend or trusted adult for help or advice.
- ___8) Make a plan to meet the bully and settle your differences alone.
- ___9) Block this person from being able to send you messages through email or texting.
- ___10) Stay calm and try not to react to the bully.

Answer Key

- 1) True
- 2) True
- 3) False
- 4) False
- 5) True
- 6) True
- 7) True
- 8) False
- 9) True
- 10) True

FOLLOW-UP:

Review the answer key with students and discuss their responses.



Helping Everyone with Anti-Bullying,
Respect & Tolerance