

Bully-Free Team

Time needed: 15–20 minutes

Recommended Level: Grades PK–4

Categories: Bystanders, Empowering,
Helping Victims, Reporting

Common Core Standard (s): ELA: Reading
informational text, Speaking & Listening

Purpose: Students will complete an “Am I a Bully?” quiz to better understand the qualities of a bully, including some behaviors they may not have considered to be bullying

DISCUSSION:

Discuss with the students that they can be a part of the Bully Free Team by telling the teacher when they helped out with stopping a bully anywhere at school. The students can also be part of the team by observing other students standing up for themselves or others. Explain that their photo will be added to the “Bully Free Team” bulletin board in response to their responsible and courageous actions.

ACTIVITY:

As students take action against bullying in the school, add their name and photo to the “Bully Free Team” bulletin board. If students wish to remain anonymous, you can simply put up a picture of a smiley face with “anonymous” listed underneath.

FOLLOW-UP:

Reiterate and praise the courage of the team for standing up for others and doing what is right.

