

Bully-Free Classroom

Time needed: 30 minutes

Recommended Level: Grades PK-4

Categories: Awareness, Defining, Empowering

Common Core Standard (s): ELA: Reading informational text, Speaking & Listening

Purpose: Students will identify what a bully is and will learn how to handle them.

DISCUSSION:

Prior to this activity purchase or check out the book *The Bully Free Classroom* by Allan L. Beane.

Explain to the students that you are going to send home the parent letter found on page 4 in the book. Read the page to them acknowledging that we are going to do everything in our power to stop bullying.

ACTIVITY:

Explain to the students the "Top Ten Facts about Bullying" found on pages 5-14. Read to the students the article entitled "Define Bully" found on page 16. Pass out a copy of the parent to everyone to take home today.

FOLLOW-UP:

Prior to the activity, print off a copy of the page 17 for everyone. For younger students you may just read this page to them. This page includes a True or False Quiz for the students. Read the questions to the students and have them answer on their own paper or with a partner. When everyone is finished, go over the answers and discuss the topics found on pg. 18. Explain that it is important to understand what bullying is and that it is not tattling when someone is being bullied.



Helping Everyone with Anti-Bullying,
Respect & Tolerance

Duplication and distribution of this lesson plan is permitted and encouraged.

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